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Vinaigrettes & Other Dressings: 60 Sensational Recipes To Liven Up Greens, Grains, Slaws, And Every Kind Of Salad





Synopsis

It is no wonder why Californians hold the secret to making the perfect salad: lettuce and all types of greens are one of the major crops coming out of California, and who better to trust in handling these greens with care?Lifelong Californian Michele Anna Jordan is, according to Mollie Katzen, "the quintessential expert on California cuisine" and first channeled this expertise into the successful book, California Home Cooking. Since then, she has been perfecting her salad-making craft over several decades as a chef, caterer, food columnist, and cookbook author. In Vinaigrettes and Other Dressings, she shares her wisdom about the most critical component in any salad: its dressing. About half of the recipes in Vinaigrettes and Other Dressings are riffs on the classic vinegar-and-olive-oil vinaigrette. But Michele take the formula in surprising and delicious directions, sometimes by using flavored vinegars (either store-bought or flavored by the home cook), sometimes by using dark vs. light or mild vs. strong olive oils, sometimes by switching out the olive oil for another oil, and always by adding flavoring elements like berries, citrus, honey, bacon, nuts, mustard and even wines and sherries (There is a whole art to selecting the right wines to make a given dressing, and the California-bred Jordan has the perfect skills here, too.). The remaining recipes include: milk- or cream-based dressings, dressings that start with a base of finely pureed fruits or vegetables, and dressings that feature a distinctively flavored oil, such as walnut oil or hazelnut oil. While the emphasis is on dressings for green salads and which greens pair best with each dressing, there are ample ideas for other uses, such as green bean, potato, and other veggie salads, as well as fruit salads and dinner salads that include meats or fish. The recipes will be accompanied by colorful photographs, and plenty of tips to guide the home cookA¢ $\hat{a} - \hat{a}_{,,\phi}$ s creativity in the kitchen.

Book Information

File Size: 14388 KB Print Length: 197 pages Publisher: Harvard Common Press (April 2, 2013) Publication Date: April 2, 2013 Sold by:Ã Â Digital Services LLC Language: English ASIN: B00E78IGHA Text-to-Speech: Enabled X-Ray: Not Enabled Word Wise: Enabled Lending: Not Enabled Screen Reader: Supported Enhanced Typesetting: Enabled Best Sellers Rank: #281,886 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #35 inà Â Kindle Store > Kindle eBooks > Cookbooks, Food & Wine > Cooking by Ingredient > Sauces, Salsa & Garnishes #50 inà Â Kindle Store > Kindle eBooks > Cookbooks, Food & Wine > Vegan & Vegetarian > Salads #95 inà Â Books > Cookbooks, Food & Wine > Main Courses & Side Dishes > Sauces & Toppings

Customer Reviews

I love this book and the many dressings I've made from it. Wanting to eat more salads, good grains etc., this was a no-brainer. I love the warm bacon-maple vinaigrette, it goes nicely on just about any lettuces and additions you like best, or have on hand. Second fave might be white miso vinaigrette.

With the emphasis on eating more fresh fruits and vegetables, and adding the benefits of vinegars to our diets, this cookbook was a no-brainer to buy. I have over one hundred cookbooks, but this one is a delight because of the variety and quality of the recipes. The combinations of such different flavors are so much fun to try, too!

If you tend to get in a rut with salad dressings, this book is for you. It's a revelation to find there are SO MANY OTHER uses for vinaigrettes. Potato salad, marinades for grilled vegetables, seafood, meat, grain salads... the list goes on and on. Another delight is the use of unusual--and delicious--ingredients like absinthe, yogurt (in a dressing! yes!), melon juice. I love this book and look forward to trying new recipes all the time.

I like to make my own dressings as it is super easy and healthy, and this book gives me so many recipes. I first borrowed it from the library and then decided I had to purchase it. Have made quite a few including a green goddess that was delish. I cheat and use my immersion blender to create most of my dressings and then put them in a mason jar. No extra chemicals needed as store bought may have some things I can't pronounce.

Well, I found my dream cook books and will NEVER repeat NEVER buy bottled dressing again the

in the store....it is now Homemade or it isn't at all.Great book amazing ideas and Michele Anna Jordan makes it so easy and tastes so good!!!

Good recipes for vinaigrettes are hard to find, actually, and ready-made dressings are usually deficient in my opinion. This is a practical, and good source for quick delicious vinaigrettes. Happy with the book. The order was dispatched quickly and the process was easy.

Will never buy store bought dressings again. Great recipes.

good for vinaigrettes. wish there were more recipes included creamier dressings. As far as what they said they offer "Vinaigrettes" good.

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